

Summer Holiday Timetable

For further information please contact reception

WEEK 1

DATE	CLASS	TIME	PRICE
SUN 7 JULY	GYM BUDDIES	10:30 - 12:30	£2.00
MON 8 JULY	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
WED 10 JULY	JUDO CAMP	10:00 - 15:00	CONTACT CLUB
THU 11 JULY	FAMILYFIIT	18:00 - 18:30	£2.00
THU 11 JULY	AFFCT YOUTH PROJECT	19:30 - 21:00	FREE
FRI 12 JULY	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
FRI 12 JULY	BOXERCISE (P4 - P7)	13:00 - 13:30	£2.00
FRI 12 JULY	BOXERCISE (S1 - S6)	13:45 - 14:15	£2.00
SUN 14 JULY	GYM BUDDIES	10:30 - 12:30	£2.00
SUN 14 JULY	TABLE TENNIS - OPEN SESSION	14:00 - 17:00	£2.00

WEEK 2

DATE	CLASS	TIME	PRICE
MON 15 JULY	FOOTBALL 3G OPEN SESSION	12:00 - 15:00	£2.00
MON 15 JULY	RUGBY (P4+)	15:15 - 16:15	£2.00
THU 18 JULY	FOOTGOLF - 9 HOLES	12:00 - 15:00	£2.00
THU 18 JULY	TABLE TENNIS - OPEN SESSION	14:30 - 17:30	£2.00
THU 18 JULY	FAMILYFIIT	18:00 - 18:30	£2.00
THU 18 JULY	AFFCT YOUTH PROJECT	19:30 - 21:00	FREE
FRI 19 JULY	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
FRI 19 JULY	DONSDIE GYMNASTICS	12:00 - 16:00	CONTACT CLUB
SUN 21 JULY	GYM BUDDIES	10:30 - 12:30	£2.00
SUN 21 JULY	TABLE TENNIS - OPEN SESSION	14:00 - 17:00	£2.00

WEEK 3

DATE	CLASS	TIME	PRICE
MON 22 - FRI 26 JULY	AFCCT SUMMER CAMP (AGE 5-12)	10:00 - 16:00	CONTACT CLUB
TUE 23 JULY	RUNNING CLUB (P4+)	12:30 - 13:30	£2.00
TUE 23 JULY	BADMINTON BEGINNERS	13:30 - 14:30	£2.00
TUE 23 JULY	BADMINTON INTERMEDIATE	14:30 - 15:30	£2.00
THU 25 JULY	GYM BUDDIES	10:30 - 12:30	£2.00
THU 25 JULY	FOOTGOLF - 9 HOLES	12:00 - 15:00	£2.00
THU 25 JULY	TABLE TENNIS - OPEN SESSION	14:30 - 17:30	£2.00
THU 25 JULY	FAMILYFIIT	18:00 - 18:30	£2.00
THU 25 JULY	AFFCT YOUTH PROJECT	19:30 - 21:00	FREE
FRI 26 JULY	BOXERCISE (P4 - P7)	13:00 - 13:30	£2.00
FRI 26 JULY	BOXERCISE (S1 - S6)	13:45 - 14:15	£2.00
SUN 28 JULY	GYM BUDDIES	10:30 - 12:30	£2.00
SUN 28 JULY	TABLE TENNIS - OPEN SESSION	14:00 - 17:00	£2.00

WEEK 4

DATE	CLASS	TIME	PRICE
MON 29 JULY	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
WED 31 JULY	MULTISPORT WORKSHOP	14:30 - 17:30	£4.00
THU 1 AUG	GYM BUDDIES	10:30 - 12:30	£2.00
THU 1 AUG	FOOTGOLF - 9 HOLES	12:00 - 15:00	£2.00
THU 1 AUG	TABLE TENNIS - OPEN SESSION	14:30 - 17:30	£2.00
THU 1 AUG	FAMILYFIIT	18:00 - 18:30	£2.00
THU 1 AUG	AFFCT YOUTH PROJECT	19:30 - 21:00	FREE
FRI 2 AUG	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
FRI 2 AUG	DONSDIE GYMNASTICS	12:00 - 16:00	CONTACT CLUB
SUN 4 AUG	GYM BUDDIES	10:30 - 12:30	£2.00
SUN 4 AUG	TABLE TENNIS - OPEN SESSION	14:00 - 17:00	£2.00

WEEK 5

DATE	CLASS	TIME	PRICE
MON 5 AUG	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
MON 5 AUG	RUNNING CLUB (P4+)	12:30 - 13:30	£2.00
THU 8 AUG	GYM BUDDIES	10:30 - 12:30	£2.00
THU 8 AUG	FOOTGOLF - 9 HOLES	12:00 - 15:00	£2.00
THU 8 AUG	FAMILYFIIT	18:00 - 18:30	£2.00
THU 8 AUG	AFFCT YOUTH PROJECT	12:00 - 15:00	FREE
FRI 9 AUG	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
SUN 11 AUG	GYM BUDDIES	10:30 - 12:30	£2.00

WEEK 6

DATE	CLASS	TIME	PRICE
MON 12 - FRI 16 AUG	AFCCT SUMMER CAMP (AGE 5-12)	10:00 - 16:00	CONTACT CLUB
MON 12 - FRI 16 AUG	AFCCT GIRLS ONLY (AGE 5-14)	10:00 - 16:00	CONTACT CLUB
WED 14 AUG	JUDO CAMP	10:00 - 15:00	CONTACT CLUB
WED 14 AUG	ROUNDERS / DODGEBALL	15:00 - 16:30	£2.00
THU 15 AUG	FOOTGOLF - 9 HOLES	12:00 - 15:00	£2.00
THU 15 AUG	FAMILYFIIT	18:00 - 18:30	£2.00
THU 15 AUG	AFFCT YOUTH PROJECT	19:30 - 21:00	FREE
SUN 18 AUG	GYM BUDDIES	10:30 - 12:30	£2.00
SUN 18 AUG	TABLE TENNIS - OPEN SESSION	14:00 - 17:00	£2.00

WEEK 7

DATE	CLASS	TIME	PRICE
MON 19 AUG	FOOTBALL 3G - OPEN SESSION	12:00 - 15:00	£2.00
TUE 20 AUG	BADMINTON BEGINNERS	16:00 - 17:00	£2.00
TUE 20 AUG	BADMINTON INTERMEDIATE	17:00 - 18:00	£2.00
THU 22 AUG	FAMILYFIIT	18:00 - 18:30	£2.00