

2020 Wellness



Christmas Kids' & Teen Activities



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For further Information, please contact reception

SATURDAY 19TH DECEMBER (08.45-15.00)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Super Saturday (outdoors)	09.00	10.00	£7.00
Little Gym Buddies	09.30	10.30	£3.00
Little Gym Buddies	11.00	12.30	£3.00

SUNDAY 20TH DECEMBER (09.00-12.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Little Gym Buddies	09.30	10.30	£3.00

MONDAY 21ST DECEMBER (15.00-19.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Teen Gym	15.00	16.00	£3.50
Little Gym Buddies	15.15	16.15	£3.00
Pre-School Football	15.15	16.00	£3.50
Junior Football P1+	16.00	17.00	£4.00

TUESDAY 22ND DECEMBER (15.00-19.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Teen Gym	15.00	16.00	£3.50
Little Gym Buddies	15.15	16.15	£3.00
Junior Badminton P1+	17.00	18.00	£4.00



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WEDNESDAY 23RD DECEMBER (15.00-19.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Workout Wednesday (outdoors)	09.30	10.30	£7.00
Teen Gym	15.00	16.00	£3.50
Little Gym Buddies	15.15	16.15	£3.00
Pre-School Football	15.15	16.00	£3.50
Junior Football P1+	16.00	17.00	£4.00

THURSDAY 24TH DECEMBER – 26TH DECEMBER (CLOSED)

SUNDAY 27TH DECEMBER (09.00-12.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Little Gym Buddies	09.30	10.30	£3.00
Little Gym Buddies	11.00	12.00	£3.00

MONDAY 28TH DECEMBER (15.00-19.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Teen Gym	15.00	16.00	£3.00
Little Gym Buddies	15.15	16.15	£3.00
Pre-School Football	15.15	16.00	£3.50
Junior Football	16.00	17.00	£4.00



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TUESDAY 29TH DECEMBER (15.00-19.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Teen Gym	15.00	16.00	£3.50
Little Gym Buddies	15.15	16.15	£3.00
Junior Badminton P1+	17.00	18.00	£4.00

WEDNESDAY 30TH DECEMBER (15.00-19.30)

ACTIVITY	START TIME	FINISH TIME	PAY AS YOU GO
Workout Wednesday (outdoors)	09.30	10.30	£7.00
Teen Gym	15.00	16.00	£3.50
Little Gym Buddies	15.15	16.15	£3.00
Pre-School Football	15.15	16.00	£3.50
Junior Football P1+	16.00	17.00	£4.00

THURSDAY 31ST – 3rd JANUARY (CLOSED)

**NORMAL HOURS RESUME
MONDAY 4TH JANUARY- 2021**