



**WE KINDLY ASK THAT YOU
READ THROUGH OUR FACILITY
CHANGES, PROCESSES &
PROCEDURES WHEN ATTENDING
GARIOCH SPORTS CENTRE.**

**WE OFFICALLY RE-OPEN ON
MONDAY 31ST AUGUST.**

**THANK YOU AND SEE YOU
SOON.**



- PLEASE IF YOU HAVE BEEN IN CONTACT WITH ANYONE WITH SYMPTOMS OR HAVE SYMPTOMS YOURSELF OF COVID-19, DO NOT ATTEND GARIOCH SPORTS CENTRE AND FOLLOW GOVERNMENT GUIDELINES.
- PLEASE UTILISE OUR SANITISING STATIONS AROUND THE FACILITY REGULARLY TO HELP US PROTECT YOU AND YOUR FELLOW USERS.
- PLEASE FOLLOW OUR 2M SOCIAL DISTANCING GUIDANCE THROUGHOUT THE FACILITY.
- PLEASE FOLLOW OUR ONE-WAY SYSTEM AROUND THE FACILITY.
- PLEASE AVOID TOUCHING ANY SURFACES UNNECESSARILY.
- PLEASE SANITISE/CLEAN ANY EQUIPMENT YOU USE WITH PRODUCTS PROVIDED THROUGHOUT OUR FACILITY.



- PLEASE WHEN ATTENDING ANY CLASS/ACTIVITY LISTEN TO THE TRAINERS INSTRUCTIONS CLEARLY.
- IF YOU HAVE ANY QUESTIONS PLEASE ASK A MEMBER OF OUR TEAM WHO WILL BE HAPPY TO HELP.
- PLEASE PRE-BOOK ALL SESSIONS WHENEVER POSSIBLE.
- PLEASE TAKE YOUR OWN EXERCISE/WORKOUT MAT AS THESE WILL NOT BE PROVIDED CURRENTLY.
- CHECK GOVERNMENT GUIDELINES FOR SPECIFIC SPORTS BEFORE BOOKING.
- NO CHANGING ROOMS OR SHOWER FACILITIES ON OFFER CURRENTLY.
- FOLLOW ONE WAY SYSTEM IN OUR CAR PARK.



- PARENT DROP OFF ONLY FOR CHILDRENS ACTIVITIES, COLLECTION POINT AT THE EXIT OF THE FACILITY ACCOMPANIED BY A COACH.
- ARRIVE ON TIME FOR YOUR ACTIVITIES, LATE ARRIVALS WONT BE ACCEPTED.
- IF YOU CANNOT ATTEND A SESSION FOR WHATEVER REASON PLEASE CANCEL IN ADVANCE.
- FACE MASKS TO BE WORN ON ARRIVAL AND DURING TRAVEL TO YOUR AREA OF ACTIVITY. AGAIN FOR DEPARTURE FROM THE FACILITY.
- COLLECT YOUR PERSONAL SANITISING BOTTLE WHEN ENTERING STUDIOS & THE GYM.
- CONTACTLESS PAYMENT WHENEVER POSSIBLE.



- DOWNLOAD OUR BOOKING APP, GARIOCH SPORTS.
- PLEASE COME READY TO PARTICIPATE OR EXERCISE, DO NOT CARRY LARGE BAGS & PERSONAL BELONGINGS WITH YOU.
- MOST IMPORTANT OF ALL WE ASK THAT YOU PLEASE BE UNDERSTANDING WITH ALL THE CHANGES THAT ARE IN PLACE AND CONSIDERATE TOWARDS YOUR FELLOW USERS.
- PLEASE ENJOY YOUR VISIT TO GARIOCH SPORTS WE ARE EXCITED TO SEE YOU ALL.

SEE YOU ALL SOON #GSCFAMILY

TEAM GARIOCH SPORTS